

# “Patterns for Personal Growth”

## Workshop Outline for Participants

### *Resources for Study*

Below are the sections within the handout. They will be used to consider the workshop objectives. Quotations within each section can also be used to find papers in *The Urantia Book* relevant to the concepts in this presentation. The most significant quotations are denoted; others can be used when relevant or to be read by participants on their own.

- I. The Importance of Development and Evolution
- II. Personal Experiences of Growth
- III. Developmental Psychological Theories and Hierarchies
- IV. Hierarchies of Progress in *The Urantia Book*
  - A. The Individual and the Self
  - B. Society and the Planet
  - C. The Morontia Level and the Universe Level
- V. Patterns of Growth Discussion Questions

### *Overview*

After a suggested opening of prayer or worship, the first section of the workshop, "The Importance of Development and Evolution," will help to introduce an overview of what will be explored in the workshop.

### *Objectives*

At the conclusion of this workshop, participants should be able to:

1. Investigate in the depth mortal ascendancy plan.
2. Understand the application of the principle of and reliance on evolution and development to achieve the objectives of the universe age of the Supreme: of time and space.
3. Compare the many developmental taxonomies and hierarchies presented in *The Urantia Book* and modern psychological theory in order to better understand the concepts presented in the book.
4. Apply these concepts of growth and development to our daily lives and decisions.

### *Workshop Questions*

In addition to questions within each section of the handout, please consider the following:

1. How is a developmental approach crucial to God's plan for us, our planet, and the universe?
2. Why does *The Urantia Book* place such emphasis on our understanding the role of development or evolution?
3. How do psychological theories of development relate to such descriptions in *The Urantia Book*?
4. How can we improve our lives and our decisions by studying developmental frameworks?